Training Psychology Graduate Students in Pediatric Integrated Care

Rachel A. Petts

Assistant Professor

Fairleigh Dickinson University

Teaneck, NJ

How to promote Peds IPC training via:

- Traditional & interprofessional classroom settings
- Practicum Experiences
- Research

Western Michigan University

Geisinger

WSU Wichita State University

FAIRLEIGH DICKINSON UNIVERSITY

The "traditional" classroom

How do we promote familiarity with IPC?

- Readings in Practicum Courses
- Ethics Case Examples
- Child Clinical: Innovations in Service Delivery/Systems Level Thinking

How do we build more specific knowledge?

- Special elective course: Primary Care Psychology
- Introduction to integrated care models
- Training in brief assessment & intervention (PCBH)

The interprofessional classroom

How do we promote collaborative learning early in graduate training?

- Invite graduate students from health disciplines across the university to participate in interprofessional training series

- 3 synchronous Zoom trainings on IP Competencies
  - Mutual respect/common values, defining roles, communication skills, working as team

- 1 in person simulated patient experience

The interprofessional classroom

Disciplines to recruit:

    Psychology

    Social Work

    Nursing

    Pharmacy

    Occupational Therapy

Outcomes to assess:

    Attitudes towards interprofessional practice

    Knowledge/skills learned

    Satisfaction with training

Practicum Experiences

How can we collaborate with community organizations to build and sustain applied learning experiences?

- **FDU ENGAGED – Educating the Next Generation to Advance Growth through Empowerment and Diversity**

- Collaboration with social work, nurse practitioner, and school psychology to implement interdisciplinary education and development along with support to graduate students and professionals providing behavioral health services to youth in medically underserved communities.

- Provide stipends for practicum placements in the community, including FQHCs and school system

- Interprofessional training experiences

*Funded by HRSA Behavioral Health Workforce and Training Program – Children, Adolescents, and Young Adult (BHWET-CAY)

Research

- **How do we promote research/program evaluation at the graduate level?**
- **How to partner with community agencies in a way that is mutually beneficial?**

Integrated Behavioral Health Lab

Lab Goals:

- Improve access to, and quality of, behavioral health care for children and underserved families

Lab Values:

- Contribute to the science and practice of integrated care
- Implement applied research that directly benefits the community
- Foster a collaborative/collegial lab environment

Lab Approach:

- Laboratory-based and community-based projects
- Diverse methodologies

Examples

- Evaluation of the Model in Pediatric/Family Health Centers
    - Patient & provider acceptability
    - Parents' needs and preferences for services
    - Barriers & facilitators to provider adoption
- Adaptation of Empirically Supported Treatments
    - Developing focused & efficient interventions in primary care
    - Emphasizing change principles & processes in intervention development

BRIEF REPORT

Exploring pre-implementation perceptions of integrated care in a university setting

Jonathan M. Larson, MS[a], Melissa M. Miller, MA[a], Sarah K. McGill, MA[a], Ashley E. Ormond, PhD[b], Jessica Provines, PhD[c] and Rachel A. Petts, PhD[d]

[a]Department of Psychology, Wichita State University, Wichita, Kansas, USA; [b]Department of Pediatric Psychology and Neuropsychology, Nationwide Children's Hospital, Columbus, Ohio, USA; [c]Student Wellness Center, Wichita State University, Wichita, Kansas, USA; [d]School of Psychology and Counseling, Fairleigh Dickinson University, Teaneck, New Jersey, USA

Questions for the group

- How can we promote interprofessional, collaborative practice at the graduate school level?
  - Need for funding, resources, systemic change in curriculum
- What foundational knowledge and skills do graduate students need in order to work in pediatric IPC settings?
- Examples of training programs?